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HARLEY STREET CLINIC®

part of **HCA**Healthcare uk

INFORMATION FOR PATIENTS & VISITORS
IN ISOLATION FOR INFECTION
CONTROL REASONS



During or on your admission it may be necessary to isolate you from other patients and shared areas for infection control reasons. This is undertaken as part of a number of infection prevention measures, as you are either known or suspected to have a virus or infection. The team responsible for your care will explain to you the reason for the isolation and precautions that we need to take.

In order to protect you, visitors and staff we ask that you comply with the following simple procedures to help us prevent the spread of infection.

What to expect from us

- You will be given clear information on the reason for isolation
- We will place a sign on the room door which states 'Isolation'
- Staff will clean their hands on entering and leaving the room
- When undertaking clinical care staff will wear gloves and aprons (in some cases a face mask may be necessary)
- We will remove all used linen promptly from your room
- We will adapt our care to your personal circumstances e.g: Physiotherapy, Occupational Therapy Assessments, or Play Specialists

What we expect from you

- To remain in your room unless otherwise instructed to do so
- Refrain from visiting any other patient on the ward or in the next single room
- Ensure that you clean your hands before eating and after using the toilet. If you are unable to reach the sink please ask a member of the nursing staff to assist with hand washing.
- We encourage you to ask visitors NOT to bring in any food cooked at home or from other outside food facilities. Snacks such as biscuits, crisps etc. are acceptable.
- Keep your personal articles to minimum, so that that the table and surfaces in your room are uncluttered and easy to keep clean
- Dispose of any used tissues immediately in the bin provided
- If you are on the Paediatric Unit and have your parents staying, or carer than they must also stay with you in your room and not socialise with other parents during this time you are in isolation. Your parents must ensure they clean their hands on entering and leaving the room.

What we expect from your visitors

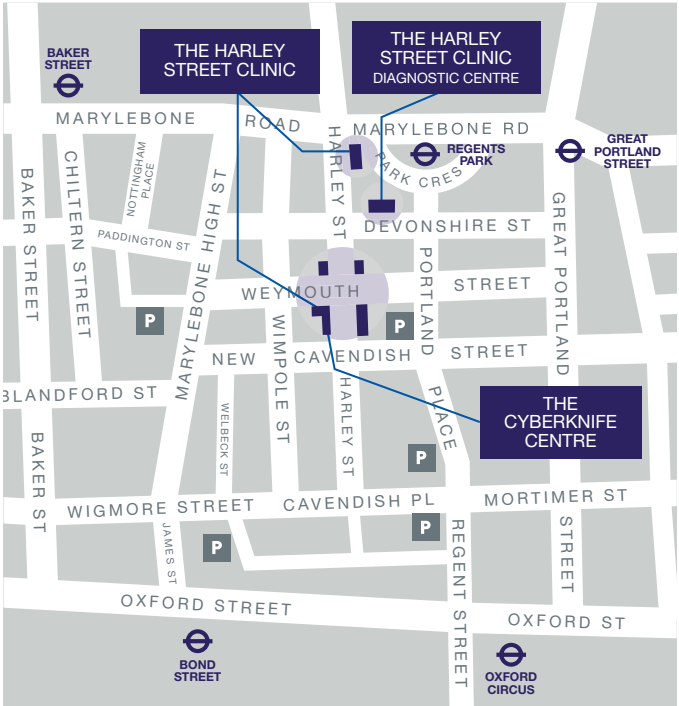
Please share this part of the leaflet with your visitors:

- We request visitors not visit the hospital at all if they have recently been unwell or have just recovered from diarrhoea and vomiting within the previous 48 hours
- If a member of your family or visitor has been in contact with anyone suffering from Chickenpox, Shingles, Measles or Mumps within the month before your admission date please inform the nurse in charge
- Young children, especially those not immunised, are particularly susceptible to infection so do not allow them in to visit you
- Please use the chairs provided and refrain from sitting on beds
- Visitors must clean their hands on entering and leaving your room

- Gloves or aprons are not usually required for visitors unless providing personal care or instructed to do so by a member of staff
- Please do not visit other patients within the hospital
- Try to limit visitors to a maximum of two people
- Avoid bringing food and beverage to eat at the bedside.

We understand that being nursed in isolation can make you feel alone, please let the nursing staff know if you have concerns or require anything else and we will try to make your stay as comfortable as possible.

If you would like to speak to the infection control nurse at any time during your stay please let the nurse in charge know who will make arrangements for you.



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